

## PROFESSIONAL INFORMATION FOR DUOPIC

### SCHEDULING STATUS

S4

### 1. NAME OF THE MEDICINE

DUOPIC 150/75 tablets

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains-150 mg rifampicin and 75 mg isoniazid.

Sugar free.

For the full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Coated tablets.

Brick red coloured capsule shaped biconvex film coated tablets, break line on one side and plain on other side.

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

Pulmonary tuberculosis for adults in the continuous phase of treatment.

#### 4.2 Posology and method of administration

##### Posology

DUOPIC tablets are recommended in the continuation phase of the treatment of pulmonary tuberculosis. During this phase, which lasts for 4 months, this medicine should be administered on a continuous daily basis.

**The total dosage requirement is as follows:**

***Daily (dose range)***

***Rifampicin***            10 mg/kg maximum 600 mg per day  
(8 to 12)

***Isoniazid***            5 mg/kg maximum 300 mg per day  
(4 to 6)

***The daily dosage is as follows:***

<b><i>Patient body mass (kg)</i></b>	<b><i>Amount of tablets (daily)</i></b>
30 to 37*	2
38 to 54	3
55 to 70	4
71 and more*	5

\* In practice, most patients taking rifampicin containing FDC tablets will receive either 3 or 4 tablets daily. Only a small proportion of adult TB patients will fall into the categories with a body-mass from 30 to 37 kg or body-mass above 70 kg. This might necessitate the maximum dose of rifampicin of 600 mg per day to be exceeded; however, the dose limit of 12 mg/kg will still be observed which does not pose an additional risk.

**Method of administration**

DUOPIC tablets should be taken orally, as a single dose and should be swallowed whole with water.

**4.3 Contraindications**

DUOPIC is contraindicated in

- in patients with a hypersensitivity to rifamycins or isoniazid or any of the excipients of DUOPIC (see section 6.1);
- the presence of jaundice;
- in patients with liver damage;
- concurrent treatment with the combination of saquinavir/ritonavir (see section 4.5).

#### **4.4 Special warnings and precautions for use**

DUOPIC a combination of two substances, each of which has been associated with liver dysfunction.

All tuberculosis patients should have pre-treatment measurements of liver function.

Adults treated for tuberculosis with DUOPIC should have baseline measurements of hepatic enzymes, bilirubin, serum creatinine, a complete blood count and a platelet count (or estimate).

Patients should be seen at least monthly during therapy and should be questioned specifically about symptoms associated with adverse reactions.

All patients with abnormalities should have follow-up, including laboratory testing, if necessary. However, because there is a higher frequency of isoniazid-associated hepatitis among persons older than 35 years of age, a transaminase measurement should be obtained at baseline and at least monthly during therapy in this age group. Other factors associated with an increased risk of hepatitis include daily use of alcohol, chronic liver disease, intravenous drug use and being a black or Hispanic woman.

If the patient has no evidence of pre-existing liver disease and normal pre-treatment liver function, liver function tests need only be repeated if fever, vomiting, jaundice or other deterioration in the patient's condition occurs.

Severe, systemic hypersensitivity reactions, including fatal cases, such as Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS) syndrome have been observed during treatment with anti-tuberculosis therapy (See section 4.8).

DUOPIC should be discontinued if an alternative aetiology for the signs and symptoms cannot be established.

### **Rifampicin**

Rifampicin should be given under the supervision of a respiratory or other suitably qualified medical practitioner.

Patients with impaired liver function should only be given rifampicin in cases of necessity, and then with caution and under close medical supervision. In these patients, careful monitoring of liver function, especially serum glutamic pyruvic transaminase (SGPT) and serum glutamic oxaloacetic transaminase (SGOT) should initially be carried out prior to therapy, weekly for two weeks, then every two weeks for the next six weeks. If signs of hepatocellular damage occur, rifampicin should be withdrawn.

Rifampicin should also be withdrawn if clinically significant changes in hepatic function occur. The need for other forms of antituberculosis therapy and a different regimen should be considered. Urgent advice should be obtained from a specialist in the management of tuberculosis. If rifampicin is re-introduced after liver function has returned to normal, liver function should be monitored daily.

In patients with impaired liver function, elderly patients, malnourished patients and possibly children under two years of age, caution is particularly recommended when instituting therapeutic regimens in which isoniazid is to be used concurrently with rifampicin.

In some patients, hyperbilirubinemia can occur in the early days of treatment. This results from competition between rifampicin and bilirubin for hepatic excretion. An isolated report showing a moderate rise in bilirubin and/or transaminase level is not in itself an indication for interrupting treatment; rather the decision should be made after repeating the tests, noting trends in the levels and considering them in conjunction with the patient's clinical condition.

Because of the possibility of immunological reaction including anaphylaxis (see section 4.8) occurring with intermittent therapy (less than 2 to 3 times per week) patients should be closely monitored. Patients should be cautioned against interruption of dosage regimens since these reactions may occur.

Severe cutaneous adverse reactions (SCARs) including Steven-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), drug reaction with eosinophilia and systemic symptoms (DRESS), acute generalised exanthematous pustulosis (AGEP), which can be life-threatening or fatal, have been reported with a not known frequency in association with DUOPIC treatment.

At the time of prescription patients should be advised of the signs and symptoms and monitored closely for skin reactions.

It is important to note that early manifestations of hypersensitivity, such as fever, lymphadenopathy or biological abnormalities (including eosinophilia, liver abnormalities) may be present even though rash is not evident. If such signs or symptoms are present, the patient should be advised to consult immediately their medical practitioner.

If signs and symptoms suggestive of these reactions appear, DUOPIC should be withdrawn immediately and an alternative treatment considered (as appropriate).

Most of these reactions occurred within 2 days to 2 months after treatment initiation; the time to onset can vary depending on the conditions.

Rifampicin has enzyme induction properties that can enhance the metabolism of endogenous substrates including adrenal hormones, thyroid hormones and vitamin D. Isolated reports have associated porphyria exacerbation with rifampicin administration.

Rifampicin may produce a discoloration (yellow, orange, red, brown) of the teeth, urine, sweat, sputum and tears, and the patient should be forewarned of this. Soft contact lenses have been permanently stained (see section 4.8).

Rifampicin is a well characterised and potent inducer of drug metabolising enzymes and transporters and might therefore decrease concomitant drug exposure and efficacy (see Section 4.5). Therefore, potential drug interactions should be considered whenever beginning or discontinuing rifampicin treatment.

Rifampicin, as in DUOPIC, may cause vitamin K dependent coagulopathy and severe bleeding (see Section 4.8). Monitoring of occurrence of coagulopathy is recommended for patients at particular bleeding risk. Supplemental vitamin K administration should be considered when appropriate (vitamin K deficiency, hypoprothrombinaemia).

### **Isoniazid**

Use of isoniazid, as in DUOPIC, should be carefully monitored in patients with current chronic liver disease or severe renal dysfunction.

Severe and sometimes fatal hepatitis associated with isoniazid, as in DUOPIC, therapy may occur and may develop even after many months of treatment. The risk of developing hepatitis is age related.

Therefore, patients should be monitored for the prodromal symptoms of hepatitis, such as fatigue, weakness, malaise, anorexia, nausea or vomiting. If these symptoms appear or if signs suggestive of hepatic damage are detected, DUOPIC should be discontinued promptly, since continued use of the isoniazid, as in DUOPIC, in these cases has been reported to cause a more severe form of liver damage.

Cases of severe cutaneous reactions including Stevens-Johnson syndrome (SJS) and Toxic Epidermal Necrolysis (TEN), some with a fatal outcome, have been reported with the use of isoniazid (See section 4.8). Patients should be advised of the signs and symptoms and monitored closely for skin reactions. If signs or symptoms of SJS or TEN (e.g. progressive skin rash often with blisters or mucosal lesions) develops, the patient should be advised to consult immediately their medical practitioner. DUOPIC should be permanently discontinued if an alternative etiology for the signs and symptoms cannot be established.

Care should be exercised in the treatment of elderly or malnourished patients who may also require vitamin B6 supplementation with the isoniazid, as in DUOPIC, therapy.

Use of isoniazid, as in DUOPIC, should be carefully monitored in patients with slow acetylator status, epilepsy, history of psychosis, history of peripheral neuropathy, diabetes, alcohol dependence, HIV infection or porphyria.

#### **4.5 Interaction with other medicines and other forms of interaction**

##### ***Food Interaction***

Isoniazid is an inhibitor of monoamine oxidase (MAO) and diamine oxidase (DAO), therefore can reduce tyramine and histamine metabolism, causing symptoms such as headache, sweating, palpitations, flushing, and hypotension. Patients should be advised against ingesting foods rich in tyramine and/or histamine during treatment with isoniazid, such as cured meat, some cheeses (e.g. matured cheeses), wine, beer and some fish (e.g. tuna, mackerel, salmon).

### ***Interactions with other medicines***

When DUOPIC is given concomitantly with the combination saquinavir/ritonavir, the potential for hepatotoxicity is increased. Therefore, concomitant use of DUOPIC with saquinavir/ritonavir is contraindicated (see section 4.3).

### ***Cytochrome P-450 enzyme interaction***

Rifampicin is known to induce, and isoniazid is known to inhibit certain cytochrome P-450 enzymes. In general, the impact of the competing effects of rifampicin and isoniazid on the metabolism of medicines that undergo biotransformation through the affected pathways is unknown. Therefore, caution should be used when prescribing DUOPIC with medicines metabolised by cytochrome P-450. To maintain optimum therapeutic blood levels, dosages of medicines metabolised by these enzymes may require adjustment when starting or stopping DUOPIC.

### ***Interactions with Rifampicin***

#### ***Pharmacodynamic interactions***

The potential for hepatotoxicity is increased with an anaesthetic.

When rifampicin, as in DUOPIC, is given concomitantly with either halothane or isoniazid, the potential for hepatotoxicity is increased. The concomitant use of rifampicin and halothane should be avoided. Patients receiving both DUOPIC should be monitored closely for hepatotoxicity.

The concomitant use of rifampicin with other antibiotics causing vitamin K dependent coagulopathy such as cefazolin (or other cephalosporins with N-methyl-thiotetrazole side chain) should be avoided as it may lead to severe coagulation disorders, which may result in fatal outcome (specially with high doses).

### *Effect of rifampicin on other medicines*

#### Induction of Drug Metabolising Enzymes and Transporters

Rifampicin is a well characterised and potent inducer of drug metabolising enzymes and transporters. Enzymes and transporters reported to be affected by DUOPIC include cytochromes P450 (CYP) 1A2, 2B6, 2C8, 2C9, 2C19, and 3A4, UDP-glucuronyltransferases (UGT), sulfotransferases, carboxylesterases, and transporters including P-glycoprotein (P-gp) and multidrug resistance-associated protein 2 (MRP2). Most medicines are substrates for one or more of these enzyme or transporter pathways, and these pathways may be induced by DUOPIC simultaneously. Therefore, DUOPIC may accelerate the metabolism and reduce the activity of certain co-administered medicines and has the potential to perpetuate clinically important interactions against many medicines and across many medicine classes (Table 1). To maintain optimum therapeutic blood levels, dosages of medicines may require adjustment when starting or stopping concomitantly administered DUOPIC.

#### *Examples of medicine or medicine classes affected by DUOPIC:*

- Anti-dysrhythmics (e.g. disopyramide, mexiletine, quinidine, propafenone, tocainide)
- Antiepileptics (e.g. phenytoin)
- Hormone antagonist (anti-estrogens e.g. tamoxifen, toremifene, gestrinone)
- Antipsychotics (e.g. haloperidol, aripiprazole)
- Anticoagulants (e.g. warfarin)
- Antifungals (e.g. fluconazole, itraconazole, ketoconazole, voriconazole)
- Antivirals (e.g. saquinavir, indinavir, efavirenz, amprenavir, nelfinavir, atazanavir, lopinavir, nevirapine)
- Barbiturates
- Beta-blockers (e.g. bisoprolol, propranolol)
- Anxiolytics and hypnotics (e.g. diazepam, benzodiazepines, zopiclone, zolpidem)
- Calcium channel blockers (e.g. diltiazem, nifedipine, verapamil, nimodipine, isradipine, nicardipine, nisoldipine)

- Antibacterials (e.g. chloramphenicol, clarithromycin, dapsone, doxycycline, fluoroquinolones, telithromycin)
- Corticosteroids
- Cardiac glycosides (e.g. digitoxin, digoxin)
- Clofibrate
- Systemic hormonal contraceptives including estrogens and progestogens
- Antidiabetic (e.g. chlorpropamide, tolbutamide, sulfonylureas, rosiglitazone)
- Immunosuppressive medicines (e.g. ciclosporin, sirolimus, tacrolimus)
- Irinotecan
- Thyroid hormone (e.g. levothyroxine)
- Losartan
- Analgesics (e.g. methadone, narcotic analgesics)
- Praziquantel
- Quinine
- Riluzole
- Selective 5-HT<sub>3</sub> receptor antagonists (e.g. ondansetron)
- Statins metabolised by CYP 3A4 (e.g. simvastatin)
- Theophylline
- Tricyclic antidepressants (e.g. amitriptyline, nortriptyline)
- Cytotoxics (e.g. imatinib)
- Diuretics (e.g. eplerenone)
- Enalapril: decrease enalapril active metabolite exposure. Dosage adjustments should be made if indicated by the patient's clinical condition
- Hepatitis-C antiviral medicines (e.g. daclatasvir, simeprevir, sofosbuvir, telaprevir): Concurrent use of treatment of hepatitis-C antiviral medicines and rifampicin should be avoided

- Morphine: Plasma concentrations of morphine may be reduced by rifampicin. The analgesic effect of morphine should be monitored and doses of morphine adjusted during and after treatment with rifampicin.

Rifampicin treatment reduces the systemic exposure of oral contraceptives. Patients using oral contraceptives should be advised to change to non-hormonal methods of birth control during DUOPIC therapy. Also, diabetes may become more difficult to control.

If p-aminosalicylic acid and rifampicin are both included in the treatment regimen, they should be given not less than eight hours apart to ensure satisfactory blood levels.

#### *Effect of other medicines on rifampicin*

Concomitant antacid administration may reduce the absorption of rifampicin.

Daily doses of DUOPIC should be given at least 1 hour before the ingestion of antacids.

#### *Other medicine interactions with rifampicin*

When the two medicines were taken concomitantly, decreased concentrations of atovaquone and increased concentrations of rifampicin were observed.

#### ***Interactions with Isoniazid***

The following medicines may interact with isoniazid:

- Antiepileptics (e.g. carbamazepine and phenytoin).

There may be an increased risk of distal sensory neuropathy when isoniazid is used in patients taking stavudine.

Concomitant use of zalcitabine with isoniazid has been shown to approximately double the renal clearance of isoniazid in HIV infected patients.

Administration of prednisolone 20 mg to 13 slow acetylators and 13 fast acetylators for receiving isoniazid 10mg/kg reduced plasma concentrations of isoniazid by 25 % and 40 %, respectively. The clinical significance of this effect has not been established.

The effect of acute alcohol intake (serum levels 1g/L maintained for 12 hours) on the metabolism of isoniazid (300 mg/d for 2 days) was studied in 10 healthy volunteers in a controlled cross over design. The metabolism of isoniazid and its metabolite, acetyl isoniazid, was not modified by this acute alcohol intake. The metabolism of isoniazid may be increased in chronic alcoholics; however, this effect has not been quantified.

Appropriate adjustments of these medicines should be made.

### ***Other Interactions***

Para-aminosalicylic acid may increase the plasma concentration and elimination half-life of isoniazid by competing for acetylating enzymes.

General anaesthetics may increase the hepatotoxicity of isoniazid.

The absorption of isoniazid is reduced by antacids.

The risk of CNS toxicity is increased when isoniazid is given with cycloserine.

Isoniazid may reduce plasma concentration of ketoconazole and increase plasma concentration of theophylline.

### ***Interference with laboratory and diagnostic tests***

Therapeutic levels of rifampicin have been shown to inhibit standard microbiological assays for serum folate and Vitamin B12. Thus, alternative assay methods should be considered. Transient elevation of BSP and serum bilirubin has been reported. Rifampicin may impair biliary excretion of contrast media used for visualization of the gallbladder, due to competition for biliary excretion. Therefore, these tests should be performed before the morning dose of rifampicin.

## **4.6 Fertility, pregnancy and lactation**

### **Pregnancy**

Safety and efficacy of DUOPIC has not been established in pregnant or lactating women.

### Rifampicin

Rifampicin has been shown to be teratogenic in rodents when given in large doses. There are no well controlled studies with rifampicin in pregnant women. Although rifampicin has been reported to cross the placental barrier and appear in cord blood, the effect of rifampicin, alone or in combination with other antituberculosis medicines, on the human foetus is not known.

When administered during the last few weeks of pregnancy, rifampicin can cause post-natal haemorrhages in the mother and infant, for which treatment with Vitamin K1 may be indicated.

### Isoniazid

It has been reported that in both rats and rabbits, isoniazid may exert an embryocardial effect when administered orally during pregnancy, although no isoniazid-related congenital anomalies have been found in reproduction studies in mammalian species (mice, rats, rabbits).

### **Breastfeeding**

Rifampicin and isoniazid are excreted in breast milk and infants should not be breast fed by a patient receiving DUOPIC.

In breast-fed infants whose mothers are taking isoniazid, there is a theoretical risk of convulsions and neuropathy (associated with vitamin B6 deficiency), therefore they should be monitored for early signs of these effects and consideration should be given to treating both mother and infant prophylactically with pyridoxine.

**Fertility**

No human data available.

**4.7 Effects on ability to drive and use machines**

Isoniazid, as in DUOPIC, has been associated with vertigo, visual disorders and psychotic reactions (see section 4.8). Patients should be informed of these, and advised that if affected, they should not drive, operate machinery or take part in any activities where these symptoms may put either themselves or others at risk.

**4.8 Undesirable effects**

**Rifampicin**

Reactions to rifampicin occurring with either daily or intermittent dosage regimens include:

<b>System Organ Class (MedDRA)</b>	<b>Frequency</b>	<b>Adverse reaction</b>
<b>Infections and infestations</b>	<i>Frequency unknown</i>	Pseudomembranous colitis, influenza
<b>Blood and lymphatic system disorders</b>	<i>Frequent</i>	Thrombocytopenia with or without purpura, usually associated with intermittent

		therapy, but is reversible if medicine is discontinued as soon as purpura occurs
	<i>Less frequent</i>	Leukopenia
	<i>Frequency unknown</i>	Disseminated intravascular coagulation, eosinophilia agranulocytosis, haemolytic anaemia, Vitamin K dependent coagulation disorders
<b>Immune system disorders</b>	<i>Frequency unknown</i>	Anaphylactic reaction
<b>Endocrine disorders</b>	<i>Frequency unknown</i>	Adrenal insufficiency in patients with compromised adrenal function have been observed
<b>Metabolism and nutrition disorders</b>	<i>Frequency unknown</i>	Decreased appetite
<b>Psychiatric disorders</b>	<i>Frequency unknown</i>	Psychotic disorder
<b>Nervous system disorders</b>	<i>Frequent</i>	Headache, dizziness
	<i>Less frequent</i>	Cerebral haemorrhage and fatalities have been reported when rifampicin administration has been continued or resumed after the appearance of purpura
<b>Eye disorders</b>	<i>Frequency unknown</i>	Tear discolouration
<b>Vascular disorders</b>	<i>Frequency unknown</i>	Shock, flushing, vasculitis, bleeding

<b>Respiratory, thoracic and mediastinal disorders</b>	<i>Frequency unknown</i>	Dyspnoea, wheezing, sputum discoloured
<b>Gastrointestinal disorders</b>	<i>Frequent</i>	Nausea, vomiting
	<i>Less frequent</i>	Diarrhoea
	<i>Frequency unknown</i>	Gastrointestinal disorder, abdominal discomfort, tooth discolouration (which may be permanent)
<b>Hepato-biliary disorders</b>	<i>Frequency unknown</i>	Hepatitis, hyperbilirubinaemia (see section 4.4)
<b>Skin and subcutaneous tissue disorders</b>	<i>Frequency unknown</i>	Erythema multiforme, Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), Drug reaction with eosinophilia and systemic symptoms (DRESS), acute generalised exanthematous pustulosis (AGEP) (see section 4.4), skin reaction, pruritus, rash pruritic, urticaria, allergic dermatitis, pemphigoid, sweat discolouration
<b>Musculoskeletal and connective tissue disorders</b>	<i>Frequency unknown</i>	Muscle weakness, myopathy, bone pain
<b>Renal and urinary disorders</b>	<i>Frequency unknown</i>	Acute kidney injury usually due to renal tubular necrosis or

		tubulointerstitial nephritis, chromaturia
<b>Pregnancy, puerperium and perinatal conditions</b>	<i>Frequency unknown</i>	Post-partum haemorrhage, foetal-maternal haemorrhage
<b>Reproductive system and breast disorders</b>	<i>Frequency unknown</i>	Menstrual disorder
<b>Congenital, familial and genetic disorders</b>	<i>Frequency unknown</i>	Porphyria
<b>General disorders and administration site conditions</b>	<i>Frequent</i>	Pyrexia, chills
	<i>Less frequent</i>	Oedema
<b>Investigations</b>	<i>Frequent</i>	Increased blood bilirubin, aspartate aminotransferase, alanine aminotransferase
	<i>Frequency unknown</i>	Decreased blood pressure, increased blood creatinine and hepatic enzyme

### Isoniazid

<b>Nervous system disorders</b>	<i>Less frequent</i>	Other neurotoxic effects, which are uncommon with conventional doses, are convulsions, toxic encephalopathy, optic neuritis and atrophy, memory impairment and toxic psychosis
	<i>Frequency unknown</i>	Vertigo, polyneuritis, presenting as paraesthesia,

		<p>muscle weakness, loss of tendon reflexes, etc, is unlikely to occur with the recommended daily dose of DUOPIC. The incidence is higher in "slow acetylators".</p> <p>The possibility that the frequency of seizures may be increased in patients with epilepsy should be borne in mind.</p>
<b>Skin and subcutaneous tissue disorders</b>	<i>Frequency unknown</i>	<p>Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS) syndrome (See section 4.4), rash, acne, Toxic Epidermal Necrolysis (TEN), Stevens-Johnson syndrome, exfoliative dermatitis, pemphigus</p>
<b>Vascular disorders</b>	<i>Frequency unknown</i>	Vasculitis
<b>Blood and lymphatic system disorders</b>	<i>Frequency unknown</i>	Eosinophilia, agranulocytosis, thrombocytopenia, anaemia, aplastic anaemia, haemolytic anaemia
<b>Gastrointestinal disorders</b>	<i>Frequency unknown</i>	Constipation, dry mouth, nausea, vomiting, epigastric distress, pancreatitis

<b>Hepato-biliary disorders</b>	<i>Less frequent</i>	Severe and sometimes fatal hepatitis may occur with isoniazid therapy
<b>Endocrine disorders</b>	<i>Frequency unknown</i>	Gynaecomastia
<b>Investigations</b>	<i>Frequency unknown</i>	Anti-nuclear bodies
<b>Metabolism and nutrition disorders</b>	<i>Frequency unknown</i>	Hyperglycaemia, pellagra
<b>Musculoskeletal and connective tissue disorders</b>	<i>Frequency unknown</i>	Systemic lupus erythematosus-like syndrome
<b>General disorders and administration site conditions</b>	<i>Frequency unknown</i>	Fever
<b>Immune system disorders</b>	<i>Frequency unknown</i>	Anaphylactic reactions

#### *Reporting of suspected adverse reactions*

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare providers are asked to report any suspected adverse reactions to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8>.

## **4.9 Overdose**

### ***Signs and Symptoms***

#### *Rifampicin*

Nausea, vomiting, abdominal pain, pruritus, headache and increasing lethargy will probably occur within a short time after acute ingestion; unconsciousness may occur when there is severe hepatic disease. Transient increases in liver enzymes and/or bilirubin may occur. Brownish-red or orange colouration of the skin, urine, sweat, saliva, tears and faeces will occur, and its intensity is proportional to the amount ingested. Facial or periorbital oedema has also been reported in paediatric patients.

Hypotension, sinus tachycardia, ventricular dysrhythmias, seizures and cardiac arrest were reported in some fatal cases.

The minimum acute lethal or toxic dose is not well established. However, nonfatal acute overdoses in adults have been reported with doses ranging from 9 to 12 g rifampicin. Fatal acute overdoses in adults have been reported with doses ranging from 14 to 60 g. Alcohol or a history of alcohol abuse was involved in some of the fatal and nonfatal reports. Nonfatal overdoses in paediatric patients ages 1 to 4 years old of 100 mg/kg for one to two doses have been reported.

### *Isoniazid*

Isoniazid overdosage produces signs and symptoms within 30 minutes to 3 hours after ingestion. Nausea, vomiting, dizziness, slurring of speech, blurring of vision, and visual hallucinations (including bright colours and strange designs) are among the early manifestations. With marked overdosage, respiratory distress and CNS depression, progressing rapidly from stupor to profound coma are to be expected, along with severe, intractable seizures. Severe metabolic acidosis, acetonuria and hyperglycaemia are typical laboratory findings.

### ***Management***

In cases of overdosage with DUOPIC, antiemetic medicine may be required to control severe nausea and vomiting.

Intensive supportive measures should be instituted, including airway patency, and individual symptoms treated as they arise.

If acute isoniazid overdose is suspected, even in asymptomatic patients, the administration of intravenous pyridoxine (vitamin B6) should be considered. In patients with seizures not controlled with pyridoxine, anticonvulsant therapy should be administered. Sodium bicarbonate should be given to

control metabolic acidosis. Haemodialysis is advised for refractory cases; if this is not available, peritoneal dialysis can be used along with forced diuresis.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

A 20.2.3 Tuberculostatics

Pharmacotherapeutic group: Antimycobacterials, Combinations of drugs for treatment of tuberculosis.

ATC code: J04AM02

Rifampicin and isoniazid are active bactericidal antituberculosis medicines which are particularly active against the rapidly growing extracellular organisms and also have bactericidal activity intracellularly. Rifampicin has activity against slow and intermittently growing *M. tuberculosis*.

Rifampicin inhibits DNA-dependent RNA polymerase activity in susceptible cells. Specifically, it interacts with bacterial RNA polymerase but does not inhibit the mammalian enzyme. Cross-resistance to rifampicin has only been shown with other rifamycins.

Isoniazid acts against actively growing tubercle bacilli.

### **5.2 Pharmacokinetic properties**

#### **Rifampicin**

Rifampicin is readily absorbed from the stomach and the duodenum. Peak serum concentrations of the order of 10 µg/ml occur about 2-4 hours after a dose of 10mg/kg body weight on an empty stomach.

In normal subjects the biological half-life of rifampicin in serum averages about 3 hours after a 600 mg dose and increases to 5,1 hours after a 900 mg dose. With repeated administration, the half-life decreases and reaches average values of approximately 2-3 hours. At a dose of up to 600 mg/day, the

half-life does not differ in patients with renal failure and consequently, no dosage adjustment is required.

After absorption, rifampicin is rapidly eliminated in the bile and an enterohepatic circulation ensues. During this process, rifampicin undergoes progressive deacetylation, so that nearly all the drug in the bile is in this form in about 6 hours. This metabolite retains essentially complete antibacterial activity. Intestinal reabsorption is reduced by deacetylation and elimination is facilitated. Up to 30 % of a dose is excreted in the urine, with about half of this being unchanged drug. Absorption of rifampicin is reduced when the drug is ingested with food.

Rifampicin is widely distributed throughout the body. It is present in effective concentrations in many organs and body fluids, including cerebrospinal fluid. Rifampicin is about 80 % protein bound. Most of the unbound fraction is not ionized and therefore is diffused freely in tissues.

### **Isoniazid**

After oral administration isoniazid produces peak blood levels within 1 to 2 hours which decline to 50 % or less within 6 hours. Ingestion of isoniazid with food may reduce its absorption. It diffuses readily into all body fluids (cerebrospinal, pleural and ascitic fluids), tissues, organs and excreta (saliva, sputum and faeces). From 50 to 70 % of a dose of isoniazid is excreted in the urine in 24 hours.

Isoniazid is metabolised primarily by acetylation and dehydrasination. The rate of acetylation is genetically determined.

Pharmacokinetic studies in normal volunteers have been shown that the two ingredients in DUOPIC have comparable bioavailability whether they are given together as individual dose forms or as DUOPIC.

### **5.3 Preclinical safety data**

There are no preclinical data of relevance to the prescriber, which are additional to those already included in other sections of the professional information.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

*Tablet core:*

Ascorbic Acid

Colloidal Silicon dioxide

Crospovidone

Magnesium Stearate

Microcrystalline Cellulose

Pregelatinised Starch

*Coating materials*

Hypromellose

Iron Oxide Red

Polyethylene Glycol 4 000

Simethicone Emulsion

Talc

Titanium Dioxide

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

3 years

#### **6.4 Special precautions for storage**

PVC/PVDC blister pack:

Store at or below 25 °C.

Store in the original container to protect from light and moisture.

Aluminium foil blister pack:

Store at or below 30 °C.

#### **6.5 Nature and contents of container**

DUOPIC, 150/75 mg, tablets are packed in the following:

Blister Aluminium Foil 163 mm: blister pack of 15 x 6 and 24 x 28 tabs.

PVC /PVDC foil 169 mm 90 GSM: blister pack of 15 x 6 and 24 x 28 tabs.

#### **6.6 Special precautions for disposal and other handling**

Any unused medicine or waste material should be disposed of in accordance with local requirements.

### **7. HOLDER OF CERTIFICATE OF REGISTRATION**

Adcock Ingram Limited

1 New Road

Erand Gardens

Midrand, 1685

South Africa

### **8. REGISTRATION NUMBER(S)**

55/20.2.3/0304

### **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

31 May 2022

**10. DATE OF REVISION OF THE TEXT**