

## PATIENT INFORMATION LEAFLET

**SCHEDULING STATUS:** **S3**

**NEURONTIN® 100 capsules**

**NEURONTIN® 300 capsules**

**NEURONTIN® 400 capsules**

**NEURONTIN® 600 tablets**

**NEURONTIN® 800 tablets**

**Gabapentin**

**NEURONTIN capsules contain sugar (lactose monohydrate).**

Each NEURONTIN 100 capsule contains 14,25 mg lactose monohydrate.

Each NEURONTIN 300 capsule contains 42,75 mg lactose monohydrate.

Each NEURONTIN 400 capsule contains 57,00 mg lactose monohydrate.

**NEURONTIN tablets are sugar free.**

**Read all of this leaflet carefully before you start taking NEURONTIN**

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor, pharmacist, nurse or other health care provider.
- NEURONTIN has been prescribed for you personally and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.

**What is in this leaflet**

1. What NEURONTIN is and what it is used for
2. What you need to know before you take NEURONTIN
3. How to take NEURONTIN

4. Possible side effects
5. How to store NEURONTIN
6. Contents of the pack and other information

### **1. What NEURONTIN is and what it is used for**

NEURONTIN is used to treat various forms of epilepsy. Your doctor will prescribe NEURONTIN for you to help treat your epilepsy when your current treatment is not fully controlling your condition or where your current treatment is causing problems such as side effects. You should only take NEURONTIN in addition to your current treatment unless told otherwise.

### **2. What you need to know before you take NEURONTIN**

#### **Do not take NEURONTIN**

- If you are hypersensitive (allergic) to NEURONTIN or any of the other ingredients of NEURONTIN (listed in section 6).
- If you are pregnant, trying to become pregnant or breastfeeding.
- If you suffer from kidney problems.

#### **Warnings and precautions**

Take special care with NEURONTIN:

- If you are taking other medicines (see section Other medicines and NEURONTIN).
- A small number of people being treated with NEURONTIN have had thoughts of harming or killing themselves. If at any time you have these thoughts, immediately contact your health care provider.
- Cases of abuse and dependence have been reported for NEURONTIN from the post-marketing experience. Talk to your health care provider if you have a history of abuse or dependence.

#### **Other medicines and NEURONTIN:**

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

If you are taking other medicines on a regular basis, including complementary or traditional

medicines, the use of NEURONTIN with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other health care provider, for advice.

- NEURONTIN is not expected to interact with other anti-epileptic medicines or with oral contraceptives.
- If NEURONTIN and antacids containing aluminium and magnesium are taken at the same time, the absorption of NEURONTIN from the stomach may be reduced. It is recommended that NEURONTIN be taken about two hours before or after antacid administration.

### **Pregnancy and breastfeeding**

If you are pregnant or breastfeeding your baby, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this medicine.

#### *Pregnancy*

You should not take NEURONTIN while you are pregnant.

The safety of taking NEURONTIN during pregnancy is not known.

#### *Breastfeeding*

You should not take NEURONTIN while you are breastfeeding.

### **Driving and using machines**

NEURONTIN may cause dizziness, drowsiness and tiredness.

It is not always possible to predict to what extent NEURONTIN may interfere with the daily activities of a patient. You should not drive, operate complex machinery or take part in other potentially hazardous activities until you know whether this medication affects your ability to perform these activities.

### **NEURONTIN capsules contain lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

## **3. How to take NEURONTIN**

Do not share medicines prescribed for you with any other person.

Always take NEURONTIN exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

*Adults and children over 12 years*

The usual dose is 900 – 1 800 mg each day in 3 divided doses i.e. in the morning, at midday and at night.

*Elderly*

Elderly patients may need their dosage adjusted by their doctor.

NEURONTIN can be taken with or without food. Always swallow the capsules or tablets with plenty of water.

Do not alter the dose yourself without your doctor's advice. Do not stop taking the capsules or tablets unless told to do so by your doctor.

Your doctor will tell you how long your treatment with NEURONTIN will last. If you have the impression that the effect of NEURONTIN is too strong or too weak, tell your doctor or pharmacist.

**If you take more NEURONTIN than you should**

These are the possible signs and symptoms of overdose: dizziness, double vision, slurred speech, drowsiness, tiredness and mild diarrhoea.

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre. Take along any capsules or tablets that are left, the container and the label so that the doctor can identify the medicine you are taking.

**If you forget to take NEURONTIN**

Do not take a double dose to make up for forgotten individual doses.

If you forget to take a capsule or tablet, just take one capsules or tablet the following day at the usual time. If you forget to take your medicine for more than one week, call your doctor before taking any more medicine.

**If you stop taking NEURONTIN**

Some side effects that may occur when you stop taking your NEURONTIN medication are headache, pain, confusion, sweating and panic attacks or agitation.

#### 4. Possible side effects

NEURONTIN can have side effects.

Not all side effects reported for NEURONTIN are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking NEURONTIN, please consult your health care provider for advice.

If any of the following happens, stop taking NEURONTIN and tell your doctor immediately or go to the casualty department at your nearest hospital:

- **If you develop a rash or other signs or symptoms of hypersensitivity such as fever or enlargement of lymph nodes, you should tell your doctor immediately as this may be an indication of a serious medical event.**

These are all very serious side effects. If you have them, you may have had a serious reaction to NEURONTIN. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:

*Frequent side effects:*

- Dizziness
- Tiredness

*Less frequent side effects:*

- Drowsiness
- Nausea
- Diarrhoea
- Unusual eye movement
- Tremor
- Memory loss
- Anxiety
- Constipation
- Weight gain
- Sore throat
- Rhabdomyolysis (general weakness, muscle ache/stiffness, decreased urine production)

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

### **Reporting of side effects**

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reactions Reporting Form**”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of NEURONTIN.

### **5. How to store NEURONTIN**

Store all medicines out of reach of children.

Store in a cool, dry place (at or below 25 °C).

Do not use after the expiry date stated on the carton. The expiry date refers to the last day of that month.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

### **6. Contents of the pack and other information**

#### **What NEURONTIN contains**

The active substance is gabapentin.

The content of the capsules are lactose monohydrate, maize starch and talc. The capsule shells consist of gelatine, red iron oxide (400 mg), sodium lauryl sulphate, titanium dioxide, water and yellow iron oxide (300 mg, 400 mg). The printing ink contains indigocarmine Al salt, shellac and titanium dioxide.

The other ingredients of the tablets are copolyvidone K, magnesium stearate, maize starch and poloxamer 407. The film-coating consists of hydroxypropyl cellulose and talc. The polishing agent is candelilla wax.

#### **What NEURONTIN looks like and content of the pack**

##### *Hard capsules*

NEURONTIN 100: White, opaque, hard gelatine capsules imprinted in blue ink with “NEURONTIN

100 mg” on the cap and “PD” on the body.

NEURONTIN 300: Pale yellow, opaque, hard gelatine capsules imprinted in grey ink with “NEURONTIN 300 mg” on the cap and “PD” on the body.

NEURONTIN 400: Orange, opaque, hard gelatine capsules imprinted in grey ink with “NEURONTIN 400 mg” on the cap and “PD” on the body.

NEURONTIN 100, 300, 400 capsules: Blister packs of 100 capsules.

*Film-coated tablets*

NEURONTIN 600: White, elliptical film-coated tablet with bisecting score on both sides, debossed with “NT” and “16” on one side.

NEURONTIN 800: White, elliptical film-coated tablet with bisecting score on both sides, debossed with “NT” and “26” on one side.

NEURONTIN 600, 800 tablets: Blister packs of 100 tablets.

**Holder of Certificate of Registration**

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**Registration numbers**

NEURONTIN 100 capsules: 27/2.5/0598

NEURONTIN 300 capsules: 27/2.5/0599

NEURONTIN 400 capsules: 27/2.5/0600

NEURONTIN 600 tablets: 35/2.5/0099

NEURONTIN 800 tablets: 35/2.5/0100

**BOTSWANA: S2**

NEURONTIN 100 – Reg. No.: BOT1101822

NEURONTIN 300 – Reg. No.: BOT1101823

NEURONTIN 400 – Reg. No.: BOT1101824

**NAMIBIA: NS3**

NEURONTIN 100 – Reg. No.: 04/2.5/1234

NEURONTIN 300 – Reg. No.: 04/2.5/1235

NEURONTIN 400 – Reg. No.: 04/2.5/1236