

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS:

S0

IMPILO DIARRHOEA MIXTURE, 1,875 g & 65,0 mg, suspension

**Light kaolin
Apple pectin**

Contains artificial sweetener: Saccharin sodium 5,5 mg

Sugar free

Read all of this leaflet carefully because it contains important information for you

IMPILO DIARRHOEA MIXTURE is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use IMPILO DIARRHOEA MIXTURE carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share IMPILO DIARRHOEA MIXTURE with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after a few days.

What is in this leaflet

1. What IMPILO DIARRHOEA MIXTURE is and what it is used for
2. What you need to know before you take IMPILO DIARRHOEA MIXTURE
3. How to take IMPILO DIARRHOEA MIXTURE
4. Possible side effects
5. How to store IMPILO DIARRHOEA MIXTURE
6. Contents of the pack and other information

1. What IMPILO DIARRHOEA MIXTURE is and what it is used for

IMPILO DIARRHOEA MIXTURE is used for the symptomatic treatment of mild to moderately acute diarrhoea in conjunction with rest, fluids and appropriate diet.

2. What you need to know before you take IMPILO DIARRHOEA MIXTURE

Do not take IMPILO DIARRHOEA MIXTURE

- if you are hypersensitive (allergic) to kaolin and pectin or any of the other ingredients of IMPILO DIARRHOEA MIXTURE (listed in section 6).
- if you have a blockage in your bowel that prevents food or liquid from passing through.
- if you suffer from an ulcer of the gastrointestinal tract, or have undergone a colostomy.
- IMPILO DIARRHOEA MIXTURE should not be given to infants and children up to 3 years of age.

Warnings and precautions

Take special care with IMPILO DIARRHOEA MIXTURE:

- When using IMPILO DIARRHOEA MIXTURE in children and the elderly, ensure adequate fluid intake (hydration), because of the risk of loss of fluid and body salt (electrolytes).
- The absorption of other medicines, notably digoxin, a heart medicine, from the gastro-intestinal tract may be reduced if taken at the same time.

Other medicines should therefore not be taken at the same time as IMPILO DIARRHOEA MIXTURE.

- Speak to your doctor if the symptoms worsen or do not improve after 48 hours.

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

Other medicines and IMPILO DIARRHOEA MIXTURE

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Taking IMPILO DIARRHOEA MIXTURE with anticholinergics or medicines with anticholinergic activity (used for asthma, loss of control of the bladder, gastrointestinal cramps, and muscle spasms), antidyskinetics (used for impairment of involuntary movement), digoxin (heart medicine), lincomycins (antibiotics), loxapine, phenothiazines or thioxanthenes (for the treatment of mood disorders), can decrease the absorption of these medicines.

The simultaneous use of IMPILO DIARRHOEA MIXTURE with dolutegravir (a medicine used to treat HIV), can decrease the amount of dolutegravir that reaches the body to have an effect.

Do not use other medicines at the same time as IMPILO DIARRHOEA MIXTURE. IMPILO DIARRHOEA MIXTURE should be taken at least 2 to 3 hours before or after other oral medicines.

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this medicine.

The safety of IMPILO DIARRHOEA MIXTURE in pregnancy and breastfeeding has not been established.

Driving and using machines

No effect is expected on your ability to drive and use machines.

However, it is not always possible to predict to what extent IMPILO DIARRHOEA MIXTURE may interfere with your daily activities. You should ensure that you do not engage in the above activities until you are aware of the measure to which IMPILO DIARRHOEA MIXTURE affects you.

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

IMPILO DIARRHOEA MIXTURE contains ethanol, methyl and propyl hydroxybenzoate.

This medicine contains 16,93 mg of alcohol (ethanol) in each 5 ml, which is equivalent to 0,339 % w/v.

The amount in 5 ml of this medicine is equivalent to less than 1 ml beer or 1 ml wine.

Methyl and propyl hydroxybenzoate may cause allergic reactions (possibly delayed).

3. How to take IMPILO DIARRHOEA MIXTURE

Do not share medicines prescribed for you with any other person.

Always take IMPILO DIARRHOEA MIXTURE exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor or pharmacist if you are not sure.

SHAKE THE BOTTLE BEFORE USE.

The dose should be taken in water 3 to 4 times daily.

Children: 3 to under 6 years: 1,5 to 3 medicine measures (7,5 to 15 ml)

6 to under 12 years: 3 to 6 medicine measures (15 to 30 ml)

12 years and over: 6 medicine measures (30 ml)

Adults and adolescents: 6 to 12 medicine measures (30 to 60 ml)

NOT FOR USE IN CHILDREN UNDER THREE YEARS OF AGE.

If the symptoms persist for more than 48 hours, or if your condition gets worse, IMPILO DIARRHOEA MIXTURE must be stopped, and a doctor must be consulted.

When treating diarrhoea, it is important to maintain hydration by administering adequate fluids and or electrolytes.

If you take more IMPILO DIARRHOEA MIXTURE than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

If you forget to take IMPILO DIARRHOEA MIXTURE

Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects

IMPILO DIARRHOEA MIXTURE can have side effects.

Not all side effects reported for IMPILO DIARRHOEA MIXTURE are included in this leaflet. Should your general health worsen, or if you experience any untoward effects while taking IMPILO DIARRHOEA MIXTURE, please consult your health care provider for advice.

Tell your doctor if you notice any of the following:

Side effects with unknown frequency:

- Constipation may occur.
- Blocking of the intestine may also occur after taking IMPILO DIARRHOEA MIXTURE.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor, pharmacist or nurse.

You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of IMPILO DIARRHOEA MIXTURE.

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

5. How to store IMPILO DIARRHOEA MIXTURE

Store all medicines out of reach of children.

- Store at or below 25 °C in a cool place.
- Keep the bottle tightly closed.
- Do not store in a bathroom
- Do not use after the expiry date stated on the label.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What IMPILO DIARRHOEA MIXTURE contains

- The active substances are light kaolin and apple pectin.
- The other ingredients are chloroform, Creamy Toffee F1744, ethanol (96 %), methyl hydroxybenzoate 0,20 % *m/v*, propyl hydroxybenzoate 0,02 % *m/v*, purified water, saccharin sodium, sodium citrate (trisodium), vanillin.

What IMPILO DIARRHOEA MIXTURE looks like and contents of the pack

IMPILO DIARRHOEA MIXTURE is a smooth, off-white suspension in a clear, 100 ml PVC bottle with a white cap, contained in an outer carton.

Applicant: Avid Brands S.A. (Pty) Ltd

Product Name: **Impilo Diarrhoea Mixture**

Dosage form and strength: Each 5 ml suspension contains Light Kaolin 1,875 g and Pectin 65,0 mg

Holder of Certificate of Registration

Avid Brands S.A. (Pty) Ltd

Suite 9, Hillcrest Office Park

2 Old Main Road

Hillcrest

3610

This leaflet was last revised in

25 January 2023

Registration number

32/11.9/0359

Access to the corresponding Professional Information

<https://www.avidbrands.co.za>

Contact information:

Email: info@avidbrands.com

Telephone: 0860 104 061