

<b>Registration number</b>	45/16.4/0620
<b>Product Proprietary name</b>	Strepsils Warm Ginger
<b>Dosage strength</b>	Each lozenge contains: 2.4 Dichlorobenzyl alcohol 1,2 mg Amylmetacresol
<b>Applicant</b>	Reckitt Benckiser Pharmaceuticals (Pty) Ltd.
<b>Date</b>	April 2025

### **Proposed Clean Patient Information Leaflet**

**SCHEDULING STATUS**

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### **STREPSILS WARM GINGER Lozenge**

**Read all of this leaflet carefully because it contains important information for you**

Strepsils Warm Ginger Lozenges is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to take Strepsils Warm Ginger Lozenges carefully to get the best results from it.

- Keep this leaflet. You may need to read it again
- Do not share Strepsils Warm Ginger Lozenges with any other person
- Ask your healthcare provider or pharmacist if you need more information or advice.
- You must see your doctor if your symptoms worsen or do not improve after 2 days

### **What is in this leaflet**

1. What STREPSILS WARM GINGER is and what it is used for
2. What you need to know before you take STREPSILS WARM GINGER
3. How to take STREPSILS WARM GINGER
4. Possible side effects
5. How to store STREPSILS WARM GINGER

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## 6. Contents of the pack and other information

### 1. What STREPSILS WARM GINGER is and what it is used for

Strepsils Warm Ginger Lozenges are used for the relief of minor mouth and throat infections including sore throat

Strepsils lozenges have antiseptic properties.

### 2. What you need to know before you take STREPSILS WARM GINGER Lozenges

#### **Do not take STREPSILS WARM GINGER Lozenges:**

If you are hypersensitive (allergic) to amylmetacresol, 2,4-dichlorobenzyl alcohol or to any of the other ingredients of STREPSILS WARM GINGER lozenges.

#### **Warnings and precautions**

#### **Take special care with STREPSILS WARM GINGER:**

If you have rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency.

Young children may choke on lozenges, therefore STREPSILS WARM GINGER should not be given to children younger than 6 years old.

Diabetic patients should consult the doctor or pharmacist before taking Strepsils Warm Ginger.

When a sore throat persists for more than two days, consult your doctor.

#### **Pregnant and breast-feeding:**

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If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking this medicine.

### **Driving and using machinery**

Effects of STREPSILS WARM GINGER on the ability to drive or use machines are not known

### **Important information about some of the ingredients of Strepsils Warm Ginger**

- **Taking other medicines with Strepsils Warm Ginger lozenges:**

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

### **3. How to take STREPSILS WARM GINGER lozenges**

Should be taken only by adults and children over the age of 6 years of age

Young children may choke on lozenges, therefore STREPSILS WARM GINGER should not be given to children younger than 6 years old.

Dissolve one lozenge slowly in the mouth every two to three hours to a maximum of 12 lozenges in 24 hours.

Always take Strepsils Warm Ginger Lozenges exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

You should check with your doctor or pharmacist if you are unsure.

### **If you take more STREPSILS WARM GINGER than you should**

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Overdosage may cause hypersensitivity reaction and gastrointestinal discomfort

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

### **If you forget to take STREPSILS WARM GINGER**

Do not take a double dose to make up for the forgotten doses.

### **4. Possible side-effects**

STREPSILS WARM GINGER can have side effects

Not all side effects reported for STREPSILS WARM GINGER are included in this leaflet.

Stop using STREPSILS WARM GINGER and seek medical help if you have any of these signs:

Allergic reaction:

- Swelling of your face, lips, mouth, tongue, eyes or throat (angioedema).
- Skin rashes

Gastrointestinal disorder

- Oral discomfort

Should your general health worsen while using STREPSILS WARM GINGER, please consult your doctor, pharmacist or other healthcare professional for advice.

### **Reporting of side effects**

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If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website. By reporting side effects, you can help provide more information on the safety of STREPSILS WARM GINGER.

## 5. How to store STREPSILS WARM GINGER lozenges

Keep all medicines out of the reach and sight of children.

Store at or below 25 °C.

Keep blister in the carton until required for use.

Do not use the product after the expiry date shown on the carton or blister

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage system (e.g. toilets).

## 6. Contents of the pack and other information

### What STREPSILS WARM GINGER contains

The active substances are amylmetacresol and 2,4-dichlorobenzyl alcohol.

Each lozenge contains 0,6 mg amylmetacresol and 1,2 mg of 2,4-dichlorobenzyl alcohol.

The other ingredients are anthocyanins (E163), fruit plum flavour, soothing cream flavour, warm sensation flavour, warm ginger spice flavour, medium chain triglycerides, liquid glucose, liquid sucrose, tartaric acid and purified water.

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### **What STREPSILS WARM GINGER lozenges look like and contents of the pack**

A red to purple coloured circular lozenge with a characteristic taste of warm plum and ginger. Strepsils brand icon is intagliated on both sides.

#### *Blister pack size:*

24 lozenges

Lozenges are packed in blisters made up of transparent (clear) 250 micron polyvinyl chloride (PVC), coated with 40gsm or 90 gsm polyvinylidene chloride (PVDC); heat sealed to 20 microns aluminium foil.

The blister strips are packed into printed outer cardboard carton.

### **Holder of Certificate of registration**

Reckitt Benckiser Pharmaceuticals (Pty) Ltd

8 Jet Park Road

Elandsfontein

1601

0860 11 11 00

### **This leaflet was last revised in**

28 October 2025

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