

SCHEDULING STATUS:

ADCO-CYCLIZINE 50 mg, TABLETS

Each tablet contains Cyclizine hydrochloride 50 mg

Contains sugar: Lactose 19,5 mg

Read all of this leaflet carefully because it contains important information for you

ADCO-CYCLIZINE 50 mg tablets is available without a doctor's prescription, for you to treat a mild illness.

Nevertheless, you still need to use ADCO-CYCLIZINE 50 mg tablets carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share ADCO-CYCLIZINE 50 mg tablets with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

What is in this leaflet

1. What ADCO-CYCLIZINE 50 mg tablets is and what it is used for
2. What you need to know before you take ADCO-CYCLIZINE 50 mg tablets
3. How to use ADCO-CYCLIZINE 50 mg tablets
4. Possible side effects
5. How to store ADCO-CYCLIZINE 50 mg tablets
6. Contents of the pack and other information

What ADCO-CYCLIZINE 50 mg is and what it is used for

ADCO-CYCLIZINE 50 mg tablets contain the active substance cyclizine hydrochloride, which belongs to a group of medicines called antihistamines.

ADCO-CYCLIZINE 50 mg tablets is used for the prevention and treatment of feeling sick (nausea) and vomiting caused by medicines used to treat pain, vomiting caused by radiotherapy and cancer chemotherapy.

ADCO-CYCLIZINE 50 mg tablets may also be used to relieve vomiting and loss of balance associated with inner ear problems such as Ménière's disease.

2. What you need to know before you take ADCO-CYCLIZINE 50 mg tablets

Do not take ADCO-CYCLIZINE 50 mg tablets

- If you are hypersensitive (allergic) to cyclizine or any of the other ingredients of ADCO-CYCLIZINE 50 mg tablets (listed in section 6).
- If you suffer from acute asthma attacks.
- If you have been drinking alcohol. The anti-vomiting properties of cyclizine may increase the toxicity of alcohol.
- If you are pregnant and breastfeeding.

Warnings and precautions

Take special care with ADCO-CYCLIZINE 50 mg tablets

- If your child has difficulty sleeping, nervousness, an abnormally fast heartbeat, involuntary shaking, and seizures (fits)
- If you have been diagnosed with liver or kidney problems.
- If you are taking aminoglycoside antibiotics such as gentamicin.
- Skin reactions.
- Seizures (fits).
- Lowered blood pressure.
- ADCO-CYCLIZINE 50 mg tablets may suppress positive skin test results.
- Suffer from an eye disease caused by a rise of pressure within the eye (glaucoma).
- Suffer from urinary retention (experience difficulty passing urine).
- Have an obstructive bowel condition
- Suffer from phaeochromocytoma (tumour of the medulla of the adrenal glands)
- Suffer from high blood pressure
- Men suffer from an enlarged prostate gland (difficulty or slowness passing urine)
- Have been told your heart is not working properly (heart failure)

- Suffer from an inherited disorder which can lead to a sensitivity to sunlight (porphyria).

Other medicines and ADCO-CYCLIZINE 50 mg tablets

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

ADCO-CYCLIZINE 50 mg tablets may enhance the effects of the following:

- Barbiturates such as phenobarbital
- Medicines used to treat pain which may cause sedation
- Medicines used to assist with difficulty sleeping and anxiety
- Anticholinergic medicines such as atropine
- Antidepressants such as amitriptyline
- Pethidine (used in the management of pain)
- Medicines which fall under a class called monoamine oxidase inhibitors such as tranylcypromine
- Drugs which can damage the ear (ototoxic) for example aminoglycoside antibacterials.

ADCO-CYCLIZINE 50 mg tablets with food and drink

ADCO-CYCLIZINE 50 mg tablets may increase the effects of alcohol.

Pregnancy, breastfeeding

The use of ADCO-CYCLIZINE 50 mg tablets is contraindicated in pregnancy.

You should not take ADCO-CYCLIZINE 50 mg tablets if you are pregnant or breastfeeding your baby.

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this medicine.

Driving and using machines

ADCO-CYCLIZINE 50 mg tablets may cause drowsiness and decreased concentration, especially when taken with alcohol or other medicines which may cause similar effects. The effects of ADCO-CYCLIZINE 50 mg tablets may impact your ability to drive and/or use machines.

ADCO-CYCLIZINE 50 mg tablets contains lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take ADCO-CYCLIZINE 50 mg tablets

Do not share medicines prescribed for you with any other person.

Always take ADCO-CYCLIZINE 50 mg tablets exactly as described in this leaflet or as your doctor, pharmacist or nurse have told you. Check with your doctor, pharmacist or nurse if you are not sure.

Adults and children over 12 years: The usual dose is 1 tablet (50 mg), may be repeated up to three times a day, not exceed 200 mg daily.

Children 6 to 12 years: The usual dose is half a tablet (25 mg), may be repeated up to three times a day, not to exceed 75 mg daily.

For preventing motion sickness, take the recommended dose 20-30 minutes before travelling. This dose may be repeated three times daily if necessary.

If you take more ADCO-CYCLIZINE 50 mg tablets than you should

Symptoms of overdose include dry mouth, nose and throat, blurred vision, fast or irregular heartbeat, difficulty passing urine, drowsiness, dizziness, lack of balance and coordination, weakness, excitability, disorientation, impaired judgement, hallucinations, muscle spasm, involuntary movements, convulsions, high temperature and difficulty breathing.

In adults the usual symptoms are drowsiness, coma and fits.

In the event of over dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you or your child forget to take ADCO-CYCLIZINE 50 mg tablets

Do not take / receive a double dose to make up for forgotten individual doses.

4. Possible side effects

ADCO-CYCLIZINE 50 mg tablets can have side effects.

Not all side effects reported for ADCO-CYCLIZINE 50 mg tablets are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking ADCO-CYCLIZINE 50 mg tablets, please consult your healthcare provider for advice.

If any of the following happens, stop taking ADCO-CYCLIZINE 50 mg tablets and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Itching or skin rashes
- Swelling of the face, lips or throat
- Difficulty in breathing or wheeziness

These are all serious side effects. You may need urgent medical attention.

Tell your doctor if you notice any of the following

- Dry mouth, nose and throat
- Blurred vision
- Difficulty urinating
- Pain or discomfort when urinating
- Tightness of the chest
- Drowsiness
- Feeling restless
- Lack of energy
- Dizziness
- Diarrhoea
- Constipation
- Nausea
- Vomiting
- Pain in the stomach
- Increased or loss of appetite

- An eating disorder called anorexia
- Headache
- Ringing in the ear
- Excitement
- Muscle cramps
- Low blood pressure
- Hallucinations (seeing or hearing things that are not really there)
- Low white blood cell count
- Anaemia
- Reduction in the production of a type of white blood cell making infection more likely (agranulocytosis)
- Fast heartbeat
- Irregular heartbeat
- Heartburn (gastric reflux)
- Decrease in muscle tone
- Unusual body movements, particularly of your hands, arms or legs
- Being confused, disorientated or unaware
- Decreased consciousness
- Lack of coordination
- Temporary difficulty in speaking
- High blood pressure
- Low blood pressure
- Yellowing of the skin and the whites of your eyes (jaundice)
- A increase in sensitivity to sunlight (photosensitivity)
- Skin rashes or itching

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA

website. By reporting side effects, you can help provide more information on the safety of ADCO-CYCLIZINE 50 mg tablets.

5. How to store ADCO-CYCLIZINE 50 mg tablets

- Store at or below 25 °C.
- Store all the medicines out of reach of children.
- Protect from light.
- Do not use this medicine after the expiry date on the carton or blister.
- Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets).

6. Contents of the pack and other information

What ADCO-CYCLIZINE 50 mg contains:

- The active substance of ADCO-CYCLIZINE 50 mg tablets is cyclizine hydrochloride 50 mg.
- The other ingredients are lactose, magnesium stearate, pregelatinized maize starch, sodium starch glycollate and starch maize.

What ADCO-CYCLIZINE 50 mg tablets looks like and contents of the pack

White tablets scored on one side and embossed with 'ADCO' on the other side.

White polypropylene securitainers with white LDPE (low-density polyethylene) closures containing 10, 20, 100, 200 and 250 tablets and white, HDPE containers with white, HDPE screw-on closures containing 200 tablets and PVC/Aluminium foil blister packs of 10, 20, 50, 100 & 200 tablets.

PATIENT INFORMATION LEAFLET

S2

Holder of Certificate of Registration

Adcock Ingram Limited

1 New Road

Erand Gardens

Midrand, 1685

South Africa.

Customer Care: 0860ADCOCK/ 232625

This leaflet was last revised in

16 March 2026

REGISTRATION NUMBERS

27/5.7.2/0386

Namibia		
	Product name	Registration number
	Adco-Cyclizine 50 mg	05/5.7.2/0119