

Applicant: Reckitt Benckiser Pharmaceuticals (Pty) Ltd
Product: Gaviscon Advance Aniseed 32/11.10/0207
Dosage: Suspension
Strength: Each 5ml contains Sodium Alginate 500 mg
PIL Safety Update: 03 June 2025

1.3.2.1 Approved Patient Information Leaflet

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

NAME OF THE MEDICINE

GAVISCON® ADVANCE ANISEED

Each 5 ml suspension contains sodium alginate 500 mg in a thickened base of sodium bicarbonate, calcium carbonate.

Preservatives:

Methylhydroxybenzoate 20,000 mg per 5 ml

Propylhydroxybenzoate 3,000 mg per 5 ml

Sugar free

Contains sweetener: Saccharin Sodium: 5,00 mg per 5 ml

Read all of this entire leaflet carefully because it contains important information for you.

GAVISCON® ADVANCE ANISEED is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use GAVISCON® ADVANCE ANISEED carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share GAVISCON® ADVANCE ANISEED with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 14 days.

What is in this leaflet

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1. What GAVISCON® ADVANCE ANISEED is and what it is used for
2. What you need to know before you take GAVISCON® ADVANCE ANISEED
3. How to take GAVISCON® ADVANCE ANISEED
4. Possible side effects
5. How to store GAVISCON® ADVANCE ANISEED
6. Contents of the pack and other information

1. What GAVISCON® ADVANCE ANISEED is and what it is used for

GAVISCON® ADVANCE ANISEED is indicated for the following conditions: Gastric reflux, reflux oesophagitis, heartburn, including heartburn of pregnancy, hiatus hernia, flatulence associated with gastric reflux and all cases of epigastric and retro-sternal distress, where the underlying cause is gastric reflux.

2. What you need to know before you take GAVISCON® ADVANCE ANISEED

Do not take GAVISCON® ADVANCE ANISEED:

- If you are hypersensitive (allergic) to sodium alginate or any of the other ingredients including methyl parahydroxybenzoate (E218) and parahydroxybenzoate (E216)

Warning and precautions

Take special care with GAVISCON® ADVANCE ANISEED if you have any of the following:

- Kidney disease
- Electrolyte imbalances (e.g. low calcium levels)
- Cirrhosis of the liver
- Heart failure
- High blood pressure
- Too much calcium in the blood

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- Low levels of acid in the stomach
- On restricted salt diet

Children and adolescents:

- In children under 12 years GAVISCON® ADVANCE ANISEED should be given only on medical advice.

Other medicines and GAVISCON® ADVANCE ANISEED

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines).

Large doses of GAVISCON® ADVANCE ANISEED may affect the absorption of other oral medicines.

Leave 2-hour interval between GAVISCON® ADVANCE ANISEED intake and administration of any of the following medicines:

- Tetracyclines (antibiotic for bacteria infections)
- Medicines for heart problems such as digoxin, atenolol, metoprolol, propanolol
- Fluoroquinolone (medicine for respiratory infection)
- Iron salt
- Ketoconazole (medicine for fungal infections like yeast infection or athlete's foot)
- Neuroleptics (medicine for mental disorders)
- Thyroid hormones
- Penicillamine (medicine for kidneys problems)
- Glucocorticoid (medicine for allergies, inflammation, asthma)
- Chloroquine (anti-malarial medicine)
- And bisphosphonates (for bone fractures)

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- Estramustine (medicine for prostate cancer)

GAVISCON® ADVANCE ANISEED with food and drink

GAVISCON® ADVANCE ANISEED is usually taken after meals and at bedtime.

Pregnancy, breast-feeding and fertility

Pregnancy and breast-feeding

GAVISCON® ADVANCE ANISEED is used for heartburn of pregnancy.

Problems with taking GAVISCON® ADVANCE ANISEED while breast-feeding have not been reported.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking GAVISCON® ADVANCE ANISEED.

Driving and using machines

GAVISCON® ADVANCE ANISEED is not expected to interfere with driving or the ability to operate tools or machines.

It is not always possible to predict to what extent GAVISCON® ADVANCE ANISEED may interfere with the daily activities of a patient. Patients should ensure that they do not engage in the above activities until they are aware of the measure to which GAVISCON® ADVANCE ANISEED affects them.

GAVISCON® ADVANCE ANISEED contains calcium carbonate

High blood levels of calcium can occur following the regular use of calcium carbonate.

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3. HOW TO TAKE GAVISCON® ADVANCE ANISEED

Do not share GAVISCON® ADVANCE ANISEED medicine prescribed for you with any other person.

SHAKE WELL BEFORE USE.

Always take GAVISCON® ADVANCE ANISEED exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults and children over 12 years: 5 - 10 ml after meals and at bedtime.

Children under 12 years: Not recommended.

If you have the impression that the effect of GAVISCON® ADVANCE ANISEED is too strong or too weak, talk to your doctor or pharmacist.

If you take more GAVISCON® ADVANCE ANISEED than you should:

Very large doses may cause bloating. In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to take GAVISCON® ADVANCE ANISEED:

- If you miss a dose of this medicine and you are taking it regularly, take it as soon as you remember. If it is nearly time for the next dose, skip the missed dose and go back to your normal dosing schedule. Do not take a double dose to make up for forgotten individual doses.

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4. POSSIBLE SIDE EFFECTS

GAVISCON® ADVANCE ANISEED can have side effects.

Not all side effects reported for GAVISCON® ADVANCE ANISEED are included in this leaflet.

Should your general health worsen while taking GAVISCON® ADVANCE ANISEED, please consult your doctor, pharmacist or other health care professional for advice.

If any of the following happens, stop taking / using GAVISCON® ADVANCE ANISEED and tell your doctor immediately or go to the casualty department at your nearest hospital:

Anaphylaxis – severe allergic reaction with signs such as breathing difficulties, skin rash, swelling on the face/mouth

Rash or itching

These are all very serious side effects. If you have them, you may have had a serious reaction to GAVISCON® ADVANCE ANISEED. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:

- Stomach cramps
- Flatulence

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on the SAHPRA website. By reporting side effects, you can help provide more information on the safety of GAVISCON® ADVANCE ANISEED.

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5. How to store GAVISCON® ADVANCE ANISEED

Store GAVISCON® ADVANCE ANISEED in a dry and cool place (below 30 °C).

Keep all medicines out of the reach and sight of children.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What GAVISCON® ADVANCE ANISEED contains:

Each 5 ml of GAVISCON® ADVANCE ANISEED contains sodium alginate 500 mg.

The other ingredients are calcium carbonate carbomer, sodium saccharin, fennel flavour, sodium hydroxide and water.

Preservatives: Methylhydroxybenzoate 20,00 mg per 5 ml and propylhydroxybenzoate 3,000 mg per 5 ml.

Contains sweetener:

Saccharin Sodium 5,00 mg per 5 ml

What GAVISCON® ADVANCE ANISEED looks like and contents of the pack

An off-white suspension with an odour and flavour of fennel/aniseed.

GAVISCON® ADVANCE ANISEED is available in amber glass bottles containing 150 ml, 180 ml, 200 ml, 500 ml or 600 ml.

Holder of Certificate of Registration

©Reckitt Benckiser Pharmaceuticals (Pty) Ltd

8 Jet Park Road,

Elandsfontein 1406

Customer care line: 0861 11 1100

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This leaflet was last revised in

20 January 2026

REGISTRATION NUMBER

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Access to the corresponding Professional Information

Please go to the link to access to the corresponding PI:

<https://cpdcentre.co.za/rb-product-inserts/>

*On the printed version, pack sizes may be limited to those actually marketed.